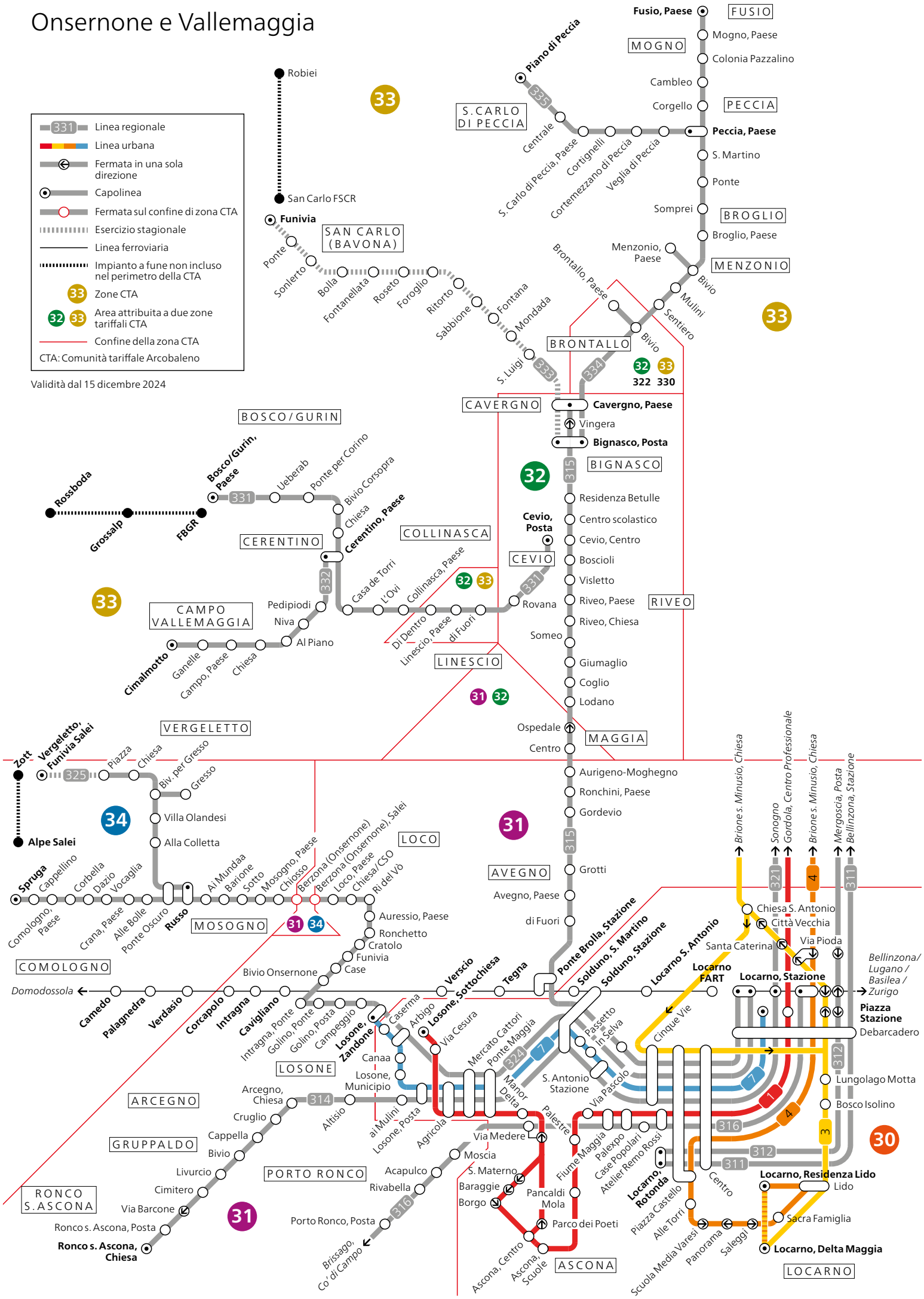Onsernone e Vallemaggia